



Springfield PE Curriculum Policy

Intent

Aim

To develop pupils who are physical confident and competent and who recognise the importance of keeping fit and healthy. To have helped pupils to find at least one physical activity they enjoy doing and will continue with later on in life.

Objectives

- To lead healthy, active lives.
- To develop competence in a range of physical activities, appropriate to their physical abilities.
- To be physically active for sustained periods of time.
- To engage in competitive sports and activities.
- To become confident and safe within water.

Implementation

Curriculum Planning & Organisation:

PE is taught through specific units throughout the year: athletics, games, gymnastics, dance and yoga. There is also an emphasis on fundamental movement skills and health and fitness through all year groups. Every class has at least 2 hours of PE a week. For some classes this may take place informally through activities inside the classroom or on their playgrounds. They will work toward more formal sessions within the hall.

Participation

All pupils are expected to participate in physical education lessons. Where pupils have an injury or illness which prevents full participant, they should be allocated tasks which are inclusive but safe for them to undertake (e.g. coaching, observatuon, analysis, timekeeping, scoring).

Staff Responsibilities and Safeguarding

At all times end in all circumstances, teachers and other staff are responsible for safeguarding the welfare of all pupils. When planning physical education activities, teachers must ensure that safeguarding procedures are followed.

Safe Practice

The general teaching requirement for health and safety applies to this subject. We encourage pupils to consider their own safety and the safety of others at all times. All accidents, no matter how slight should be reported in the school's accident book, which is

kept in the mediccil room. All adults working at the school have a responsibility to report any defects in equipment which require attention. The safe use of equipment will be encouraged at all times and pupils will be trained to move and store equipment in a safe manner, where appropriate.

Clothing

We expect pupils to change for physical education into the agreed clothing for each activity. Some classes require their pupils to come to school dressed in their PE kit on specific days. For indoor activities, a red t-shirt, black shorts and trainers/pumps are required. For outdoor activities and in cold weather pupils ore encouraged to have a tracksuit or warm top.

Footwear

Pupils must wear footwear which is appropriate to the activity when outdoors. This will usually be pumps or trainers. For dance and gymnastics which takes place indoors, children are expected to work in bare feet as this willows them to obtain more grip and feeling for their actions. Pupils who have a verruca should also work in bare feet as they can only be passed onto other people through damp environments.

Jewellery

No jewellery is worn for physical activity. Any new piercing should be carried out at the beginning of the summer holidays so that jewellery may be removed. If a pupil cannot remove their studs for any reason they may not be able to take part in the physical elements of the lesson due to the associated risks, however, alternative involvement in the lesson will be provided.

Hair

Where pupils have long hair, this should be tied back so it does not get caught or restrict vision.

Swimming

Our onsite swimming pool enhances our PE offer to all pupils at Springfield. Every class gets the opportunity to swim regularly throughout the year, regardless of their age. We follow the Swim England scheme, starting with Discovery Ducklings progressing to Ducklings and then the 'Learn to Swim' awards.

Impact

Assessment:

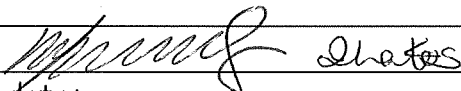
An emphasis is placed upon the importance of fundamental movement skills for all children, this may be done via different units throughout the year (e.g. jumping skills in gymnastics). Children's skills will be assessed using skills trackers, ensuring their physical abilities are developed and challenged each year.

Evidence will be found in the class PE books and tracked on their individual skills trackers. Swimming assessment is done via the Swim England scheme, with a central record in the pool for all staff to use and find next steps for each child each session. Certificates are given when they are achieved and these are dated in the records. There is parent liaison with this as some children take part in out-of-school swimming clubs.

Monitoring & Review:

Monitoring takes the form of:

- Discussion with pupils and class teachers
- Learning Walks
- Class book/evidence scans

Policy produced: October 2022	Policy agreed:
Signed:	Chair of Teaching, Learning & Outcomes Committee
Signed: 	Headteacher
Review date:	(2 years)

 Chair



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