

# Wednesday - The Gingerbread Man

Wednesday 20th January - Theme: Once upon a time

DWALTERS27 JAN 07, 2021 10:37AM

## Wednesday

Good morning! Here are your suggested home learning activities for today. We are continuing with our story: The Gingerbread Man. If you complete any of these activities please send us photos of the fun you're having together!

## Wednesday's routine

1. Get outside for some fresh air, complete some of our daily mile.
2. Rhyme Time
3. Reading
4. Daily Exercise
5. Afternoon activity - dough disco and play-dough
6. Music time
7. Mark Making
8. Relaxation time

## The Rhyme for this week

This week, we are continuing to learn Row, Row, Row your Boat. For your props at home, you could use an empty container on a bowl of water (for example).



### Row Row Row your Boat

by Oh My Genius - Nursery Rhymes And Kids Songs

YOUTUBE

## Daily Rhymes to practice each day

Last week we introduced The Wheels on the Bus. We will carry on with this again this week.



### CBeebies: Something Special - Wheels on the Bus - Nursery Rhyme

by CBeebies

YOUTUBE

## Other rhymes

Here are some other rhymes that we have done recently that you can practice:

- Five Little Monkeys
- Five Little Ducks
- Five Speckled Frogs
- Old MacDonald had a Farm
- Twinkle Twinkle
- Humpty Dumpty
- Five Little Men in a Flying Saucer
- Five Currant Buns
- Heads Shoulders Knees and Toes

## Animated version

I have attached the animated version of The Gingerbread Man, for you to watch and listen to again, that we will be focusing on this week.

## Daily exercise

Today, we are dancing for our daily exercise. Make some room and copy the dance moves. It's completely fine to make your own dance moves up too! It's just a great 'wake up, shake up' activity to get your body moving.



### **Koo Koo Kanga Roo - Shake Yo Foot (Dance-A-Long)**

by Koo Koo Kanga Roo

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## **Mark making**

Bubble wrap rolling pin painting - If you have got any bubble wrap at home, try taping some around a rolling pin or toilet roll tube, dip it into some paint, and roll it across some paper/ cling film/ card board, etc.

Don't worry if you haven't got any bubble wrap at home, you could print with anything - try cutting up some potatoes or apples into shapes for printing, or even use an old sponge! If you haven't got any paint, you could use food colouring and water to print with too.



### **Bubble Wrap Roller Printing | Toddler art, Sensory art, Art for kids**

Nov 20, 2015 - Printing with paint and bubble wrap is a unique art experience for kids where they use their whole body to create.

PINTEREST

## **Music time**

It's time to make some music! You could put on some music to play along to or go completely freestyle. If you have got any toy instruments at home, you could use them, or you could use anything that you can find around your house (e.g. drumming using pots and pans, clapping hands, patting knees, stomping feet, zipping a zip up and down, etc). Make your own kind of music! I would love to see what you can create!

## **Afternoon activity - Dough disco**

Start with a warm up for dough disco singing 'Tommy Thumb' and get those fingers moving. Then use your hands and fingers to roll, squeeze, pat, and stretch the play-dough. Some children might need hand-over-hand support with this or may just need you to do it first for them to copy.



### **Tweenies - Tommy Thumb (Wriggling Fingers)**

by Tara Buss 2

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## **How's the weather today?**

This week, we are continuing to explore the weather. Make yourself familiar with the weather songs on the power point (each picture has a different song that should play if you click on it). Have a look outside of your window, or you could do this after your daily mile, and click on the picture that you think the weather is like today. Try learning these new songs too!



### **Weather\_powerpoint.pptx**

Powerpoint presentation

PADLET DRIVE

## **Cbeebies**

Check out Cbeebies 'Things to do indoors with your children' for lots of alternative activity ideas.

### **Things to do indoors with your children**

Stuck indoors and not sure what to do with the kids? It can be tricky to find things to do that can hold the attention of the older ones, while being easy enough for younger ones to join in too, but check out our fun tips below to keep them all entertained.



BBC

## **Relaxation/ Mindfulness**

Have some time to sit down and rest to re-gain your energy. Get cosy and watch something you like on TV or you can watch some sensory videos. I have attached a Rainbow Dance sensory video for you to have a look at.



### **Hey Bear Sensory - Rainbow Dance Party! - Fun Video with colourful animation and music**

by Hey Bear Sensory

YOUTUBE

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