

Rabbits and Hedgehogs Wednesday 13th January 2021

Theme: Winter

DEMI WALTERS NOV 17, 2020 10:26PM

Wednesday

1. Get outside for some fresh air, complete some of our daily mile.
2. Rhyme Time
3. Play dough time
4. Reading
5. Share a story
6. Fine Motor Activity
7. Early Maths skills
8. Afternoon Activity - Sponge painting Winter Trees
9. Mark making

Exercise Time

We get lots of time to explore outside. Some things we do; We run, play games, ride trikes, bounce on space hoppers and balance on stepping stones. What can you do at your house? Have a break mid morning or after your lunch and get some more time outside.



Daily Exercise!

Let's get moving!



Winter Wonderland (Super Yoga) | Cosmic Kids

by Cosmic Kids Yoga

YOUTUBE

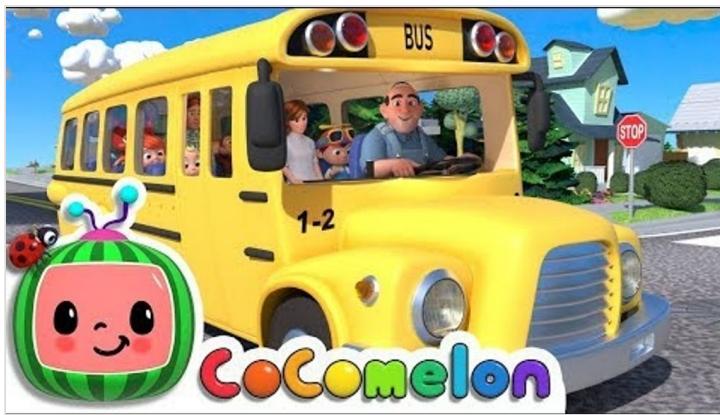
Afternoon Activity

Winter Tree Painting - We are going to do this in two sections. Trunk and branches one day and snow finger prints the next day.



Daily Rhymes to practice each day.

This week we are introducing The Wheels on the Bus.



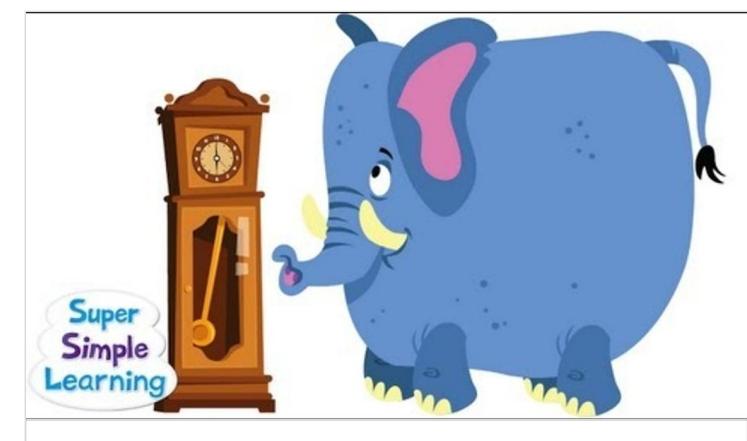
Wheels on the Bus | CoComelon Nursery Rhymes & Kids Songs

by Cocomelon - Nursery Rhymes

[YOUTUBE](#)

Daily Rhymes to practice each day.

Last week we introduced Hickory Dickory Dock. We will carry on with this again this week.



Hickory Dickory Dock | Super Simple Songs

by Super Simple Songs - Kids Songs

[YOUTUBE](#)

Play dough

For lots of us we will need to do this with support. (So we don't eat it!)

Manipulating dough is an excellent way to develop fine motor skills.

Spend 5-10 minutes with your child, repeat key words as you help them with the actions.

- * squeeze

- * roll

- * pat

- * roll a ball

Google dough disco for more ideas.

Don't have any play dough? - have a go at making some together!

The BEST Playdough Recipe

All activities should be supervised by an adult. As an Amazon Associate I earn from qualifying purchases. This post may contain affiliate links. No need to ever buy store-bought play doh after you try our homemade playdough recipe!



This easy playdough recipe takes 5 minutes to prep and 5 minutes to make.

[THE BEST IDEAS FOR KIDS](#)

Early Maths Skills

Shape Song

Reading

Do you have a selection of books at home? If you have gather some favourites together, put them on the settee or another place that might get your child's attention. Encourage your child to touch the books, pick them up, sort through them, gather them, turn pages. Don't worry if your child does not want to listen to you read or engage in the actual story. This is about developing an interest in books. Point at pictures, name things, make noises, follow your child's lead.

Early Maths Skills

Finding and sorting shapes.

If you have shape toys at home such as shape sorters then play with these and talk about the shapes. Listen to the shape song (on this padlet) and access this shape sorter online.

Shape Monsters - 2D Shapes Matching Game

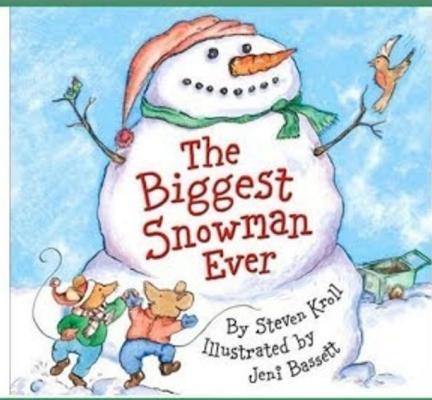
Play Game Shape Monsters is a fun, interactive 2D shapes game where children need to identify and match circles, rectangles, squares and triangles. Each Shape Monster only 'eats' shapes which match its own body shape. When a child correctly selects a shape, that Shape Monster audibly reinforces the name of the shape.



TOPMARKS

Share a Winter story

Snowman Story



The Biggest Snowman Ever - By Steven Kroll | Kids Books Read Aloud

by Storytime Now!

YOUTUBE

Other rhymes

We introduce a new rhyme with props each week. Here are some others that we have done recently that you can practice.

Five Little Monkeys

Five Little Ducks

Five Speckled Frogs

Old MacDonald had a Farm

Twinkle Twinkle

Humpty Dumpty

Five Little Men in a Flying Saucer

Five Currant Buns

Heads Shoulders Knees and Toes

Do you have toys and lights that your child enjoys to spend several minutes with? Collect them together and get them out for special time together. Encourage them to make a choice from two. Spend 5 minutes together really enjoying that toy.

Fine Motor Skills

Continue this activity: Create some posting activities. Children love posting (usually in unhelpful places that we can't reach!!) It is a useful skill in helping children manipulate objects and develop awareness of size and position.

Some children will benefit from posting larger objects into bigger holes and some will complete the activity with smaller objects and holes.

Examples:

Cut a hole in a washing tub box or margarine tub. Post in small toys, cut up pieces of paper, straws, small balls.

Handwashing song



How to wash your hands NHS song | NHS

by NHS

YOUTUBE

Mark Making

Squiggle time - get scribbling on scrap paper!

Just a little note to say if you want to develop the use of symbols with your child at home, you can download the app Grid Player for your child. It's free. Though you can't create your own symbols; you will have access to a range of pre made ones. Take care and have fun!

Sensory Toys and lights

