



Manor Hall
Academy Trust

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Headteacher: Sarah Latham

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Dear Parents and Carers

As some of us in Upper School are getting to an age where we are facing many changes with our bodies; we are beginning to think about how and in what way these changes happen. As some of the children in the department have already begun some of these changes; we would like to discuss it further this term.

We shall be discussing many of the changes that happen during puberty for both males and females and will identify the similarities and differences, exploring how we can support each other and talk about some of the feelings that may surround these changes.

We hope we have your support in this matter, however if you do wish to discuss any part of this topic please do contact us. You can call the school on 01538 383558 or email me at office@springfield.staffs.sch.uk.

Kind regards

Helen Summers - Upper School Lead

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