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| updated logo Badgers Class Medium Term Planning for P.E Spring Term 1 2024Fundamental Movement Skills including Forest School sessions |
| Topic: Fundamental SkillsRoll, jump, climb | Fundamental movement skills will be developed on a daily basis throughout all our active sessions within structured lessons and play times. Children will have the opportunity throughout the day and week to develop their fundamental movement skills using the climbing frame, outdoor balancing equipment, riding trikes, using the big swing, accessing the forest school area and sensory garden and their own class outdoor / indoor environment, accessing balls and targets etcFocused sessions are planned in for this half term on fundamental movement skills. |

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| **Lesson 1 - Link it.****Soft play equipment out to access****(prior experience of this)**Transition using now and next boards to the hall . Mix groups for those still gaining skills in transition.Engage in jumping and climbing activitiesBack in class – (during snack) Plenary – Show children photos of them from the lesson. | **Lesson 2 – Learn it****Warm up song – I can jump etc****Aided jumping/stepping off and climbing onto low apparatus, - soft play, benches, mats,crash mats**Focus on jumping and landing safelyWhat support is needed?Who is confident?Plenary – Show children photos of them from the lesson. Praise the good jumping and landing | **Lesson 3 – Check it****Warm up song – I can jump etc****Jumping with increased independence**Is there a development in increase of engagement because the children know what to expect?Plenary – Show children photos of them from the lesson. Praise the jumping/stepping off | **Lesson 4 - Show it and know it****As previous showing developing skills, take turns with another person.** | **Lessons 5 and 6** – transfer - Take skills outsidePlenary – Show children photos of them from the lesson. Praise turn taking, Climbing, jumping or stepping off |

Take the objectives for the LO stickers from this section

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| Substantive Knowledge (Content) | Disciplinary Knowledge (Skills)  |
| Put a range of different movements together. Change the speed of their actions. Change the style of their movements. Create a short movement phrase which demonstrates their own ideas.Describe how the body feels when still and when exercising.   | * Show increasing control over an object when pushing, patting, throwing, catching or kicking.
* Experiment with different ways of moving.
* Travel with confidence and skill around, under, over and through balancing equipment.

Negotiate space when playing racing and chasing games with others, adjusting speed or changing direction to avoid obstacles. |

**Progression of Learning**

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| ‘Link It’  | ‘Learn It’ | ‘Check It’  | ‘Show It’ | ‘Know It’ |
| Previous learning of pupils * Have an awareness of themselves, and previous visits to the hall.
* For some this will be new.
 | Activities provided during lesson Resources Learn to use the equipmentPractice balancing and moving on different equipment. | Independent activities linked to lesson Resources Practice movements  | How will the pupils share knowledge during or end of lessonPractice movements in different places, transfer balancing skills to other areas of school. | Retrieve or generalization of learning after lesson Transition to hall or forest school area well.Balance on a variety of equipment in different places. |