

Friday - The Gingerbread Man

Friday 29th January - Theme: Once upon a time

DEMI WALTERS JAN 17, 2021 06:09PM

Friday

Good morning - It's Friday! Here are your suggested home learning activities for today. If you complete any of these activities please send us photos or videos of the fun you're having together!

Friday's routine

1. Get outside for some fresh air, complete some of our daily mile.
2. Rhyme Time
3. Reading
4. Daily Exercise
5. The weather song
6. PE
7. Dough disco - my video!
8. Fine Motor Activity
9. Mark Making
10. Relaxation time

Daily Rhymes to practice each day

Last week we introduced Row, Row, Row your boat. We will carry on with this again this week.



Row Row Row your Boat

by Oh My Genius - Nursery Rhymes And Kids Songs

YOUTUBE

The Rhyme for this week

This week, we are learning Incy Wincy Spider. For your props at home, you could use straws for drainpipes and pom-poms or something fluffy for a spider.



Incy Wincy Spider

by RockstarLittle

YOUTUBE

Other rhymes

We introduce a new rhyme with props each week. Here are some others that we have done recently that you can practice.

- Five Little Monkeys
- Five Little Ducks
- Five Speckled Frogs
- Old MacDonald had a Farm
- Twinkle Twinkle
- Humpty Dumpty
- Five Little Men in a Flying Saucer
- Five Currant Buns
- Heads Shoulders Knees and Toes
- Hickory Dickory Dock

Reading

Do you have a selection of books at home? If you have gather some favourites together, put them on the settee or another place that might get your child's attention. Encourage your child to touch the books, pick them up, sort through them, gather them, turn pages. Don't worry if your child does not want to listen to you read or engage in the actual story. This is about developing an interest in books. Point at pictures, name things, make noises, follow your child's lead.

Daily Exercise!

Spiderman Yoga!



Spider Power yoga compilation | Cosmic Kids Yoga

by Cosmic Kids Yoga

YOUTUBE



Roll the Ball 🏀 | Nursery Rhymes Songs for Babies | Happy Songs for Kids | Playsongs

by Playsongs Kids' Songs & Plays

YOUTUBE

How's the weather today?

Make yourself familiar with the weather songs on the power point (each picture has a different song that should play if you click on it). Have a look outside of your window, or you could do this after your daily mile, and click on the picture that you think the weather is like today.



Weather_powerpoint.pptx

Powerpoint presentation

PADLET DRIVE

PE

Have you got any balls, beanbags, balloons etc at home to practise rolling, throwing and catching? Or you could go outside and practise kicking the ball around your garden.

Mark making

Foam and brushes... Have you got any shaving foam at home to use for today's mark making? If not, you could fill up a bowl with lots of washing up liquid to make loads of bubbles and use brushes dipped into the bubbles and spread them across tin foil.

Fine motor skills

Have you got any cupcake cases at home? Make a small hole in the middle of each cupcake case and thread an old shoe lace, straw or pipe cleaner through them. You could cut up circular pieces of paper if you haven't got any cupcake cases at home and use these instead.

Relaxation/ Mindfulness

It's time to relax! I have attached a sensory visual under the sea video for you to watch at home with relaxing background music.

Dough disco

Here is a short video of me (Demi) showing some of our dough disco moves. You will just see a grey box here but if you click on it, it should take you to my video. The password is Rabbits123

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Sensory Toys and lights

Do you have toys and lights that your child enjoys to spend several minutes with? Collect them together and get them out for special time together. Encourage them to make a choice from two. Spend 5 minutes together really enjoying that toy.

Hey Bear Sensory - Under The Sea - Relaxing animation - Sleep Video- Baby Sensory

by Hey Bear Sensory

YOUTUBE

Handwashing song



How to wash your hands NHS song | NHS

by NHS

YOUTUBE
