

Rabbits and Hedgehogs Friday 8th January

Theme: Winter

ANNA LATOS APR 09, 2020 07:29PM

Friday

Good morning! Here are your suggested home learning activities. In school our theme this week and next is Winter. If you complete any of these activities please send us photos of the fun you're having together!

Friday

- 1. Get outside for some fresh air, complete some of our daily mile.** (I would encourage you to do this at home, it will help make you all feel fresh and ready for the day - even if it's raining! The children love it!)
- 2. Rhyme Time** - See all the following sections for rhyme time information.
- 3. Reading** - Get your school book out and share together. Encourage touching of textures, pressing buttons etc. turning pages. If you have a personalised reading book (one I have made for you) then do this as well.
- 4. Share the story for the week** - story link is on this padlet.
- 5. Afternoon Activity - PE**
- 6. Mark making**

Daily Rhymes to practice each day.

This week we are learning Hickory Dickory Dock.



Hickory Dickory Dock | Super Simple Songs

by Super Simple Songs - Kids Songs

YOUTUBE

Mark Making

Today we will get some big paper, paint and rollers and make a big painting with the rollers. If you have anything like this at home - have a go! Even a rolling pin for a roller.

If not - don't worry, we don't all have paint at home!

How about a pot of water and a brush - paint the outside wall! It all helps to build the muscles in our wrists to help all our fine motor skills including writing.

More rhymes

Here are some other rhymes to watch.

Exercise Time

We get lots of time to explore outside. Some things we do; We run, play games, ride trikes, bounce on space hoppers and balance on stepping stones. What can you do at your house? Have a break mid morning or after your lunch and get some more time outside.



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Afternoon Activity PE

We usually have a mixture of soft play session and a focus on the skill we are developing throughout the half term in P.E.

This half term we are focussing on developing on throwing and catching skills.

Throw different sized balls, balloons or beanbags (anything that you are happy for your child to throw) Children enjoy

throwing things but they have to learn what is an appropriate thing to throw and the places we can throw things.

Other rhymes

We introduce a new rhyme with props each week. Here are some others that we have done recently that you can practice.

Five Little Monkeys

Five Little Ducks

Five Speckled Frogs

Old MacDonald had a Farm

Twinkle Twinkle

Humpty Dumpty

Five Little Men in a Flying Saucer

Five Currant Buns

Heads Shoulders Knees and Toes

Winter Sensory ideas

Have a go at a few of these types of activities.

10 easy winter sensory play activities for children - NurtureStore

Super fun, super sensory play activities that invite your children to learn through their senses as they explore doughs, paints, ice, and cookies! All of these winter sensory play activities give children the opportunity to explore an aspect of the winter season including ice, snow, and penguins.



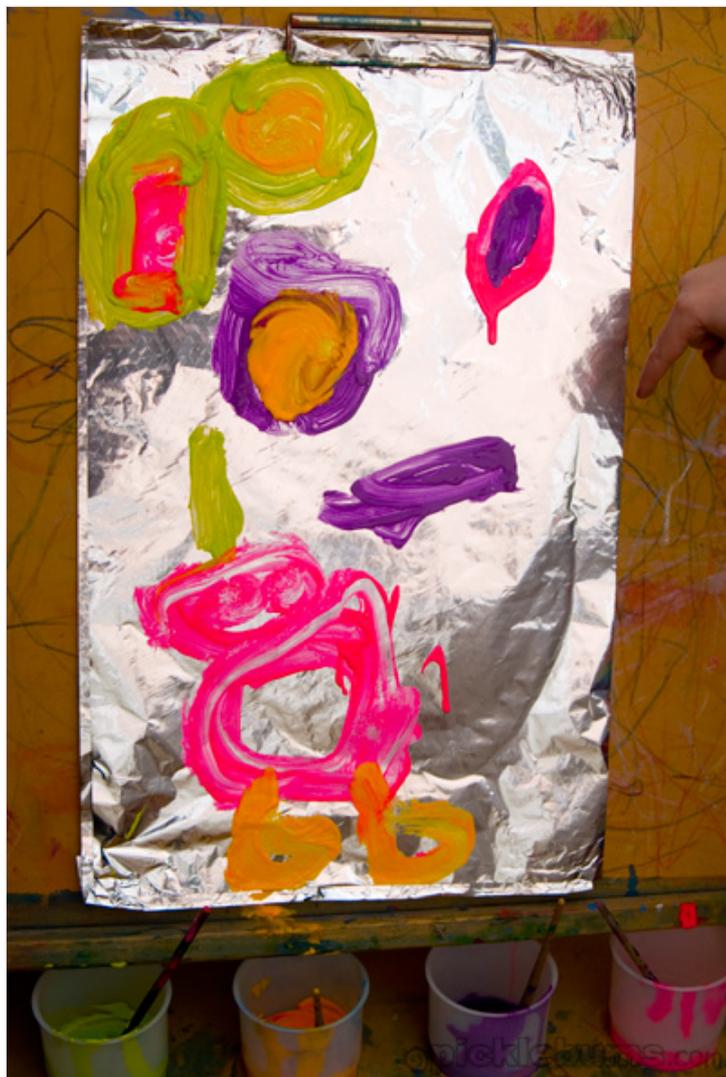
NURTURESTORE

Ice Play

Freeze toys and let your child explore how the ice melts and frees their toys. Give them a spoon to speed up 'digging' out their toy.

Mark Making

Today we will paint with brushes onto tin foil. This gives a different sensory feel when brushing the paint.



Exercise Time

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Just a little note to say if you want to develop the use of symbols with your child at home, you can download the app Grid Player for your child. It's free. Though you can't create your own symbols; you will have access to a range of pre made ones. Take care and have fun!



Handwashing song



How to wash your hands NHS song | NHS

by NHS

YOUTUBE
