
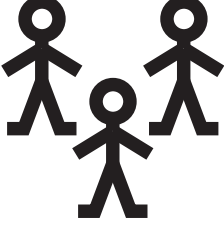




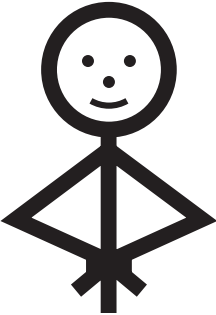
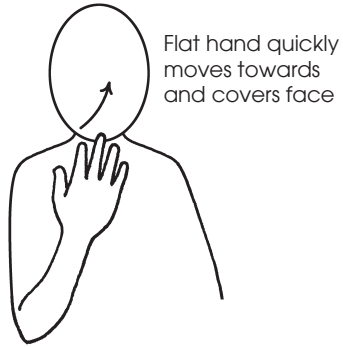
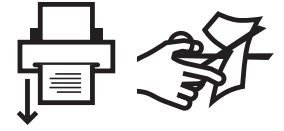


Emotions Prompt Cards

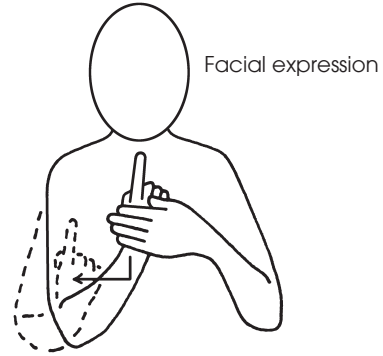
The following Makaton Symbols and Signs have been selected to use as a prompt. The symbol and sign will be printed back to back; they should then be laminated and then attached to a ring for quick reference.

 	
Alone	Ashamed
	
Angry	Bold/ Brave/ Courage
	
Anxious	Confident



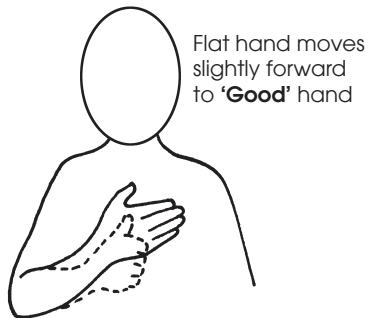
Flat hand quickly moves towards and covers face

Ashamed



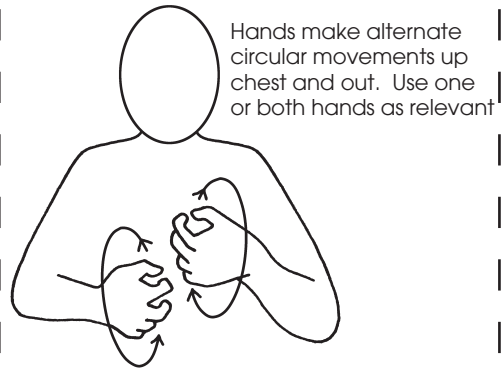
Facial expression

Alone



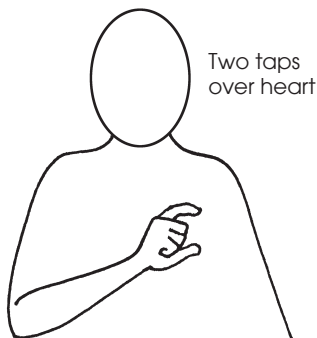
Flat hand moves slightly forward to 'Good' hand

Bold/ Brave/ Courage



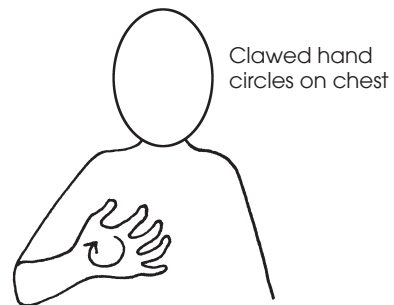
Hands make alternate circular movements up chest and out. Use one or both hands as relevant

Angry



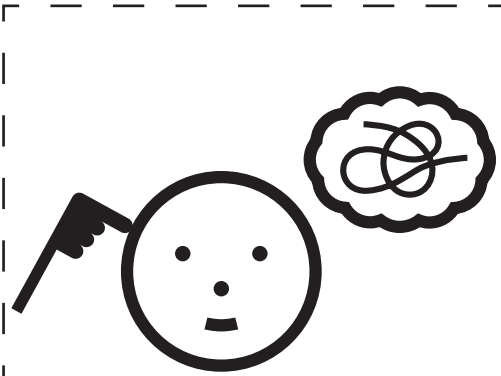
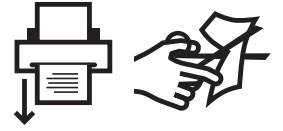
Two taps over heart

Confident

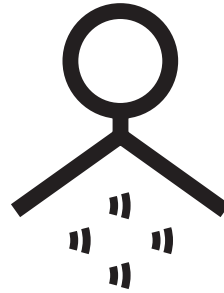


Clawed hand circles on chest

Anxious



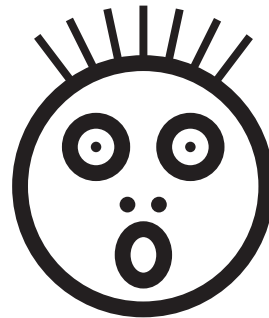
Confused



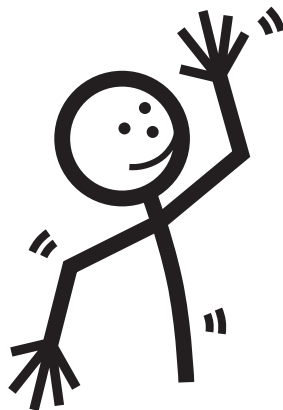
To Feel (emotion)



Embarrassed (1)/ To Blush



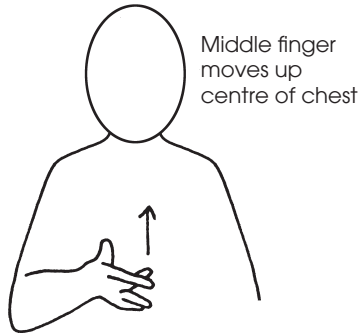
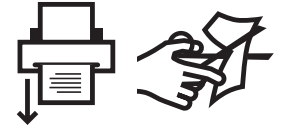
Frightened



To Be Excited (1)

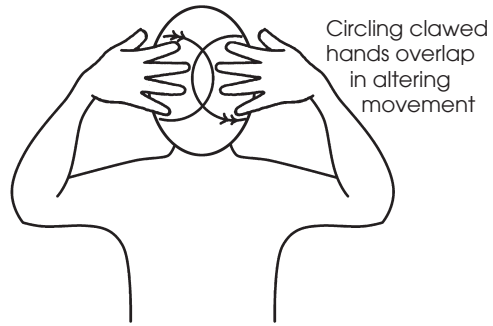


Happy



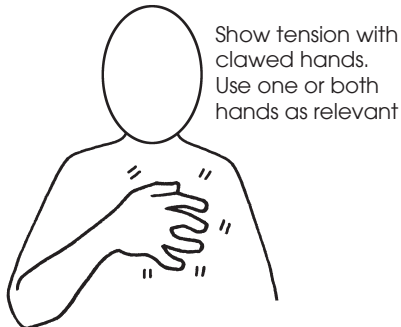
Middle finger moves up centre of chest

To Feel (emotion)



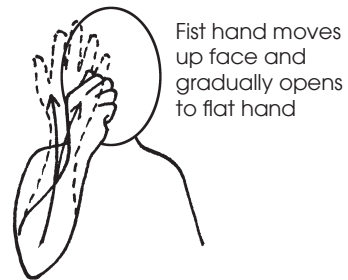
Circling clawed hands overlap in altering movement

Confused



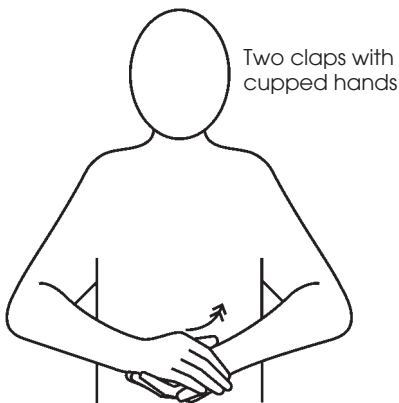
Show tension with clawed hands. Use one or both hands as relevant

Frightened



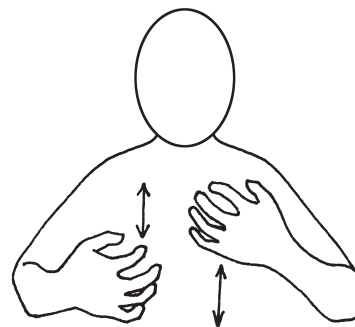
Fist hand moves up face and gradually opens to flat hand

Embarrassed/ To Blush

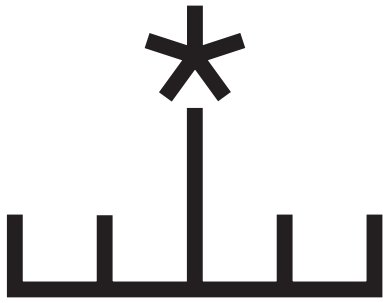
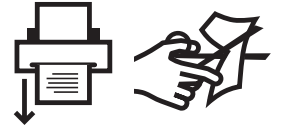


Two claps with cupped hands

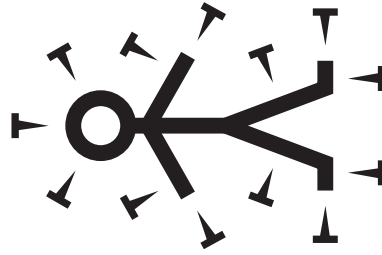
Happy



To Be Excited



Important



Pain/ Hurt



Love



Sad/ Miserable



Nervous

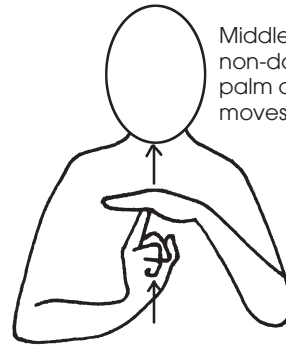


To Be Shocked



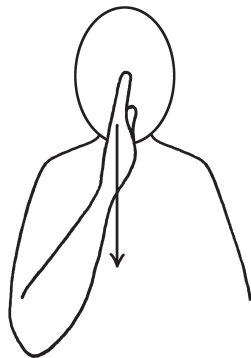
Position hand at site of pain and shake hand

Pain/ Hurt



Middle finger contacts non-dominant flat palm and formation moves up slightly

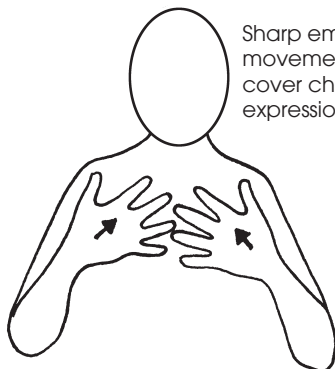
Important



Sad/ Miserable



Love



Sharp emphasised movement to almost cover chest. Facial expression important

To Be Shocked



Hands tremble

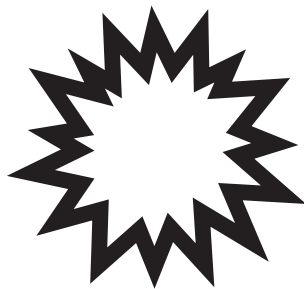
Nervous



Shy



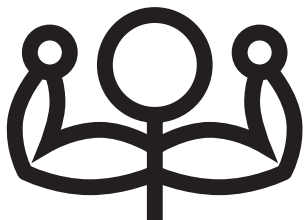
Tired/ Weary



Special



To Be Upset



Strong/ Powerful



Worried



Shoulders sag to show degree of tiredness

Tired/ Weary

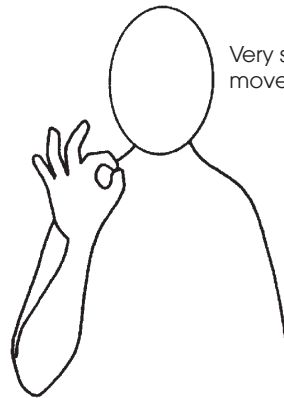


Dominant index finger on chin twists slightly. Facial expression most important

Shy

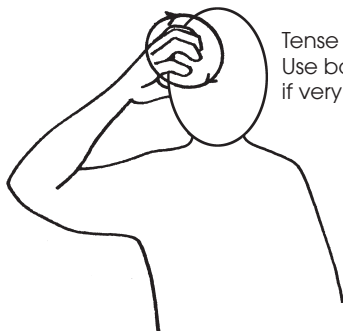


To Be Upset



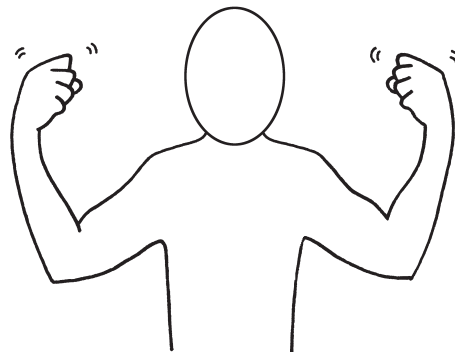
Very short sharp movement forward

Special



Tense hand. Use both hands if very worried

Worried



Strong/ Powerful