

# The day I had my COVID-19 vaccination



This booklet has been produced  
by the NHS in Staffordshire  
and Stoke-on-Trent to support  
the roll-out of COVID-19  
vaccinations across the county.



Dad said let's go to town, there's a place  
we have to be

We're going to see a nurse and then we'll  
have some tea

Can you get your coat and fetch your scarf  
and hat?

We need to catch the bus and there's a short  
walk after that

On the bus I asked my dad what the nurse was going to do

Dad said, "You'll have something called a jab, which will be good for you

There's a nasty virus that you could catch, that we can stop today

The jab will fight the virus and help it stay away."



Dad took me to a building where a nice lady showed us through

We sanitised our hands and noticed other people waiting too

All the grown-ups wore blue masks, and you could only see their eyes

But their faces were all wrinkly so you could tell that they had smiles

My name was called so we followed the nurse  
and I sat in a chair

In the booth were colourful things, around me  
and everywhere

The nurse told me the jab might sting, just for  
a little bit

But it would only take a second and then that  
would be it

The nurse used cotton wool to clean part  
of my arm

I felt a little scratch and sting but I stayed  
really calm

She said that I was all done now and I had  
been so brave

Then she gave me a little sticker, a smile  
and a big wave



The nurse told my dad that I'd been good as gold  
Then dad and I put on our coats and went out in  
the cold

We walked back into town and dad took me for  
some tea

We ordered chips and sausages and a milkshake  
just for me



Dad said that it was good that I had had my jab  
It would stop the COVID virus from making me  
feel bad

The jab would also help me not to pass the  
virus on

And make it safe to visit gran, not just chat over  
the phone





If mum or dad say it's time to have your jab  
There's no need to worry, or think it's really bad  
The needle may feel like a little sting but it hardly  
hurts for long  
And you would have done your bit, by being brave  
and strong

Anyone aged five and older can receive the COVID-19 vaccination. If you are a parent or carer who would like more information about the vaccine, for yourself or your loved one, you can get in touch with **twb.comms@nhs.net** via email or see **www.twbstaffsandstoke.org.uk**